



## Constance McGrath

[www.NewBodyMindSpirit.com](http://www.NewBodyMindSpirit.com)

*Energy healer and intuitive,  
practicing for over twenty  
years in the Boston area*

*Connie identifies underlying  
causes and issues, then applies:*

- **Thought Field Therapy**
- **Emotional Freedom Technique**
- **Yuen Method** (*Chinese Energetic Medicine*),
- **Neurolinguistic Programming** and other quantum-level healing modalities to alleviate physical and emotional pain and help free her clients from their Pain-Body limitations.

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The Pain-Body, as defined by Eckhart Tolle and others, refers to all the resistance, negativity, anger, and suffering that we've accumulated over the years. Our emotions, held at cellular, DNA, quantum, and collective Pain-Body levels, are significant contributors to dysfunctional behavior and physical pain and illness.

*This may, for example, manifest as:*

anxiety • fears or phobias • obsession • anger and rage • PTSD  
hasty responses you later regret • addictive urges • guilt and grief

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*Connie's passion is to support and empower  
others who are, like herself, on a path of personal  
growth and spiritual transformation. Toward  
that end, she works with clients over the phone  
or in her Boston and Winchester offices.*

Call her at **800-757-1962** for a free 15-minute  
consultation. Also visit her website at  
**[www.NewBodyMindSpirit.com](http://www.NewBodyMindSpirit.com)**